



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS



Don't Rely on Luck to Keep You Safe

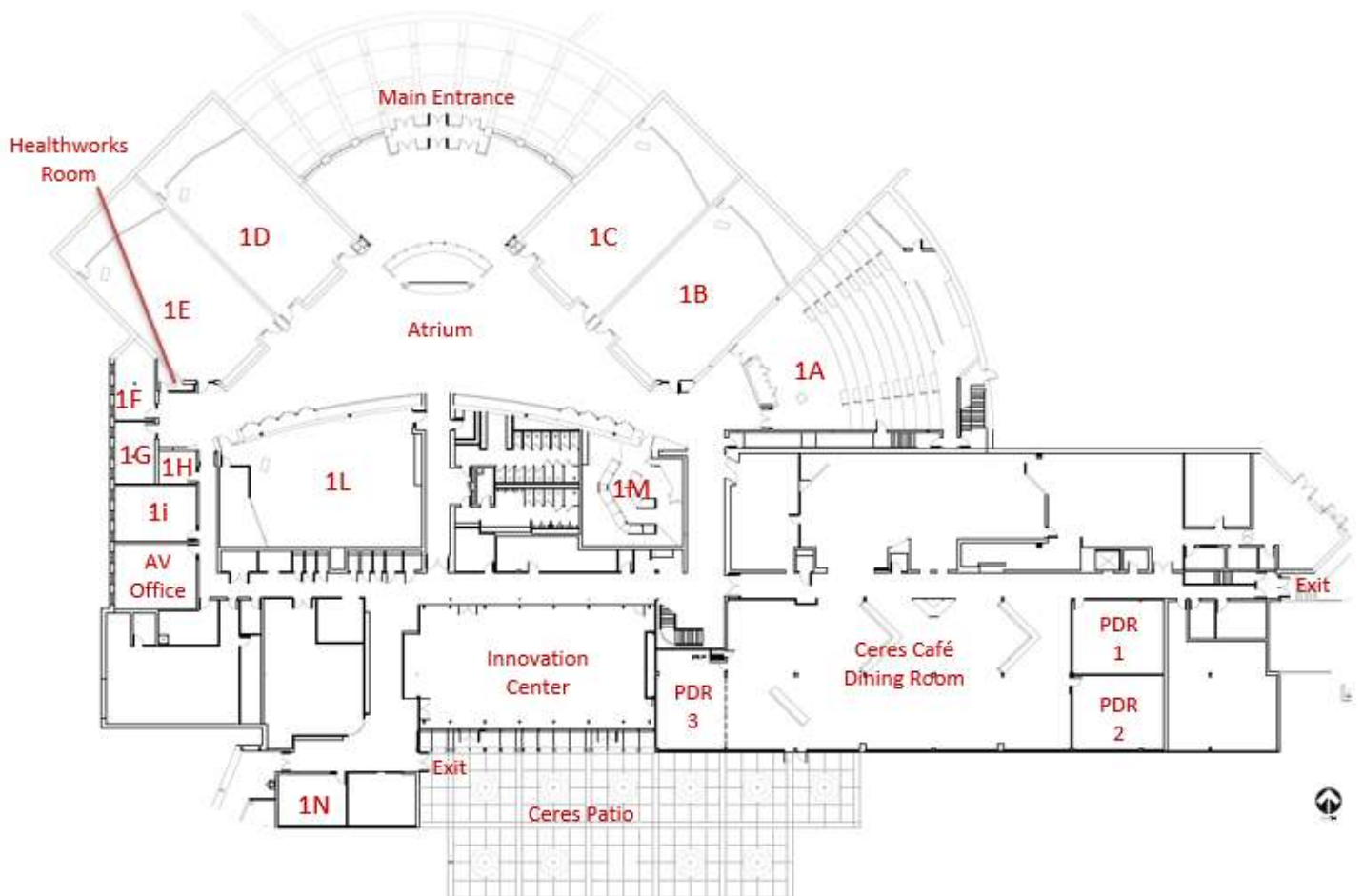
American Society of Safety Professionals Hawkeye Chapter Professional Development Conference

May 13, 2022

Session Agenda

Topic	Time	Topic	Time
Registration			7:00-8:00
Keynote in Carver 1L - Mental Health - Jason Hagland			8:00-9:00
Carver 1D – Meet with Vendors			9:00-9:45
Carver 1E		Carver 1L	
Industrial Hygiene –Christina Roll	9:45-10:45	Listening & Safety Culture – Amy Roosa	9:45-10:45
Carver 1D – Meet with Vendors			10:45-11:00
Mobile Work Platforms – Margret Meade	11:00-12:00	Not Another Boring Safety Meeting – Sarah Allender	11:00-12:00
Carver 1L - Lunch / SPY Award Presentation			12:00-1:00 PM
Keynote in Carver 1L - IOSHA Update - Peggy Peterson			1:00-2:00 PM
Confined Space Rescue – Michael Hake	2:00-3:00	Home Ergonomics – Laurie Haskins	2:00-3:00
Carver 1D – Meet with Vendors			3:00-3:30
Carver 1L - Prize Giveaway			3:00-4:00

Layout



Speakers

Start time – (Carver 1L) - 8:00am to 9:00am KEYNOTE SPEAKER

Title – Mental Health

Highlights –

- Discuss how the pandemic and other disasters experienced over the past two years emotionally impacted you and/or your employees/friends/family.
- Participants will be coached on strategies to prevent burnout, manage feeling overwhelmed and chronically exhausted by engaging in healthy activities that rejuvenate us emotionally.
- Assess your ability to promote mental a meaningful mental health literacy strategy in your workplace or community.

Bio – Jason Haglund, MS, CADC -_As owner of Haglund Consulting LLC., Haglund provides behavioral health subject matter expertise, public policy analysis and executive coaching based in Story City. Understanding the uniqueness of rural Iowa, Haglund strays beyond his professional experiences and draws upon the lessons he has learned from his own multigenerational family farm. As co-owner of Boone County based Hickory Grove Family Farm, Haglund is the 5th generation to continue the family farming tradition. Keeping up with the constant evolving pace of science, technology, and management of uncertainty can be overwhelming. Haglund understands firsthand juggling all of this is required to own and operate a technology informed, financially viable, sustainable family business. This unique perspective affords Haglund to lead engaging, relatable discussions on topics such as stress management, emotional wellness and burnout.

Break 9:00am to 9:45am (45 min) – Vendors / Networking

Start time (Carver 1E) – 9:45am to 10:45am

Title – Industrial Hygiene

Highlights –

- Attendees will be able to explain the topics that Industrial Hygiene covers, and how they help anticipate, recognize, evaluate, control, and confirm the protection of employees from workplace hazards.
- Attendees will learn skills to help them predict when an industrial hygiene assessment should be completed.
- Given key items needed for a successful industrial hygiene assessment, attendees will be able to construct a basic plan for preparing and conducting a basic industrial hygiene assessment.

Bio – Christina Roll has developed a unique skillset in her career, starting with occupational safety, health and environmental consulting, moving into safety management and leadership with the US Marine Corps. For the last nine years she has been a risk engineer/risk consultant with two large insurance carriers. She works with clients in a wide variety of industries including hospitality, manufacturing, finance and retail to help identify and mitigate business and operational risks. Ms. Roll specializes in occupational safety & health hazard identification, evaluation, mitigation and control. Her strengths include workplace risk assessments, office and industrial ergonomic training and assessments, industrial hygiene assessments, OSHA compliance, and occupational safety and health training.

Start time (Carver 1L) – 9:45am to 10:45am

Title – Listening and Safety Culture

Highlights –

- Understand the different levels of listening to better understand the needs of others as a leader.
- Provide examples of the skills you can practice to become a better leader.

Bio – Amy Roosa has worked the last 18 years in the field of safety, ranging from construction to general industry, and currently works with Merck as their Safety Specialist. She has worked with organizations such as the National Safety Council, helping create the Government and Public Sector Division, and is also the founder of The Safety Rack and Co-Founder of the Iowa Women in Safety Conference. She is a regular speaker at conferences ranging on topics from training to leadership.

Break 10:45am to 11:00am (15 min)

Start time (Carver 1E) – 11:00am to 12:00pm

Title – Mobile Work Platforms

Highlights –

- Share the causes of MEWP accidents and fatalities
- Cover the classes and types of MEWPs
- Discuss supervisor and operator responsibilities
- Discuss the new safety requirements for equipment and training

Bio – Margret Meade is the Safety Outreach Coordinator with the Iowa Association of Municipal Utilities in Ankeny, Iowa. Margret has over 30 years in the safety profession. She was previously employed as the EHS Manager with Eaton Corporation, Compliance Assistance Specialist with Iowa OSHA, and Director of Program Development & Training with the Iowa-Illinois Safety Council. She also managed her own business conducting coal-fired power plant safety inspections.

Start time (Carver 1L) – 11:00am to 12:00pm

Title – Not Another Boring Safety Meeting

Highlights –

- Participants will be able to apply learning styles discussed in the session to their workplace.
- Participants will learn different presentation techniques that they can apply to their training and work environment.

Bio – Sarah Allender is a Safety and Loss Control Specialist with TrueNorth Companies. In her position she helps to foster a culture of safety with her clients through loss prevention strategies. Sarah serves on the board of the Northeast Iowa chapter of the American Society of Safety Professionals and the planning committee for the Iowa Women in Safety Group.

Break 12:00pm to 1:00pm – Lunch / SPY Award Presentation in Carver 1L, Networking / Vendors

Start time – (Carver 1L) – 1:00pm to 2:00pm KEYNOTE SPEAKER

Title – IOSHA Update

Highlights –

- Update Iowa Safety Professionals on new safety standards in the state of Iowa.
- Inform Iowa Safety Professionals on incidents and trends for year 2021.

Bio – Peggy Peterson is a veteran of the Persians Gulf War – where her mission was receiving, storing, and supplying blood to hospitals and mobile units in-country. Peggy has been a state of Iowa employee since 1988. She joined the Division of Labor as a safety enforcement officer in 1990, became a safety and health consultant for the Division in 1994, a Sr. Industrial Hygienist in 1999, and THE Complaint Officer 2013-2020. She was honored to provide assistance at the World Trade Center after 9-11 and in New Orleans, LA after hurricanes Katrina and Rita in 2005. Peggy was introduced as a special guest at the Condition of the State address in 2002. She was part of the after-action review team for the ground zero response. Peggy was one of the first employees in the Division of Labor to become an OSHA 10-hour trainer in both construction and general industry and has trained both employees and employers throughout the state. She has served as a VPP (Voluntary Protection Program) team leader. She has represented the state of Iowa in several conferences throughout the United States. Reluctantly becoming an expert with video conferences (which means she knows where the mute button can be found).

Start time (Carver 1E) – 2:00pm to 3:00pm

Title – Confined Space Rescue & Fall Protection

Highlights –

- Describe what a leading edge is and the hazards that poses for traditional “tie-off” configurations
- Understand hazards and concerns related to tie-off with front D-Rings
- Demonstrate harness adjustment to others
- Identify different harness styles for different body types
- Recognize the right harness style for each employee

Bio – Michael Hake was born and raised in Humboldt, Iowa and attended high school in Hastings, Minnesota. He graduated from the University of Iowa with a bachelor's degree in Health and Sports Studies. Michael has spent the last 10 plus years in Safety and MRO sales/training, with an emphasis on fall protection, gas monitors, fit testing (respirators) and hand protection.

Start time (Carver 1L) – 2:00pm to 3:00pm

Title – Home Ergonomics

Highlights -

- Whether working from home yourself or assisting team members who are working from home, this session is designed to provide information on how to achieve a healthy, at-home workstation.
- Information will include selecting a work area and achieving proper ergonomic posture using common household items.
- Tips will be provided on incorporating movement throughout the workday, preventing computer vision syndrome, and managing online meetings.

Bio – Laurie Hoskins has been an Engineering Specialist for EMC Insurance Companies for 27 years and has been a member of the Hawkeye Chapter of ASSP for 12 years. She graduated from Iowa Wesleyan University with a B.A. in Business Administration and Secondary Education. She works with policyholders on establishing safety programs and assists with hazard assessments and training. One safety program she is especially passionate about is ergonomics. Laurie is a Certified Ergonomics Assessment Specialist II and spends a large amount of her time performing ergonomic assessments for office workers. During the past two years, her time has largely been spent helping employees set up ergonomic work areas in their homes.

Break 3:00pm to 3:30pm Snacks / Networking / Vendors

Prize Giveaway / Closing – 3:30pm to 4:00pm

Vendor List!



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